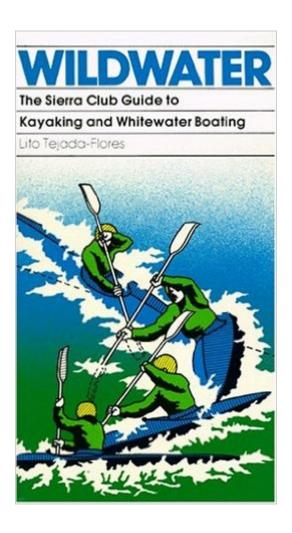
## The book was found

## Wildwater: The Sierra Club Guide To Kayaking And Whitewater Boating





## **Synopsis**

Wildwater: The Sierra Guide to Kayaking and Whitewater Boating is an indispensable companion for anyone who goes down the wild rivers, and it is the only book to set forth a comprehensive, step-by-step approach to learning kayaking. In Part One, "Whitewater and Whitewater Technique," kayaking skills and river lore are presented in a natural and logical sequence, from the first stroke in flatwater to the advanced techniques of manuevering in "big water." An up-to-the-minute survey of equipment -- boats, paddles, and paraphernalia -- is included. A section on "Boating Alternatives" then describes and evaluates other choices available, from one-man inflatables to family-sized rafts: how to outfit them, basic rowing technique, and other essentials of rafting lore. Part Two, "The Whitewater Scene," provides solid information for all kinds of boaters on safety and emergency medical treatment, planning for short or long trips, and river camping. It contains a regional guide to the best whitewater around the country and a fascinating look at the history of whitewater text throughout.Lito Tejada-Flores is a well-known writer and teacher of wilderness sport and has kayaked in rivers throughout the West. He is author of the Sierra Club Outdoor Activities Guide Backcountry Skiing and has published articles in outdoor periodicals. He lives in Telluride, Colorado."Wildwater is closer to the reality of whitewater sport than any other book available. Joyously written and authoritative, it should become the standard text in the field." -- Dee B. Crouch, M.D. (An accomplished "big-water" kayaker, Dr. Crouch took part in the first kayak descent of the headwaters of the .)

## **Book Information**

Paperback: 329 pages

Publisher: Random House, Inc.; First, 2nd Printing edition (June 12, 1982)

Language: English

ISBN-10: 087156209X

ISBN-13: 978-0871562098

Product Dimensions: 1 x 4.8 x 8 inches

Shipping Weight: 10.4 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,876,399 in Books (See Top 100 in Books) #95 in Books > Sports &

Outdoors > Outdoor Recreation > Kayaking > Whitewater Kayaking #5578 in Books > Sports &

Outdoors > Water Sports #44272 in Books > Science & Math > Nature & Ecology

Download to continue reading...

Wildwater: The Sierra Club Guide to Kayaking and Whitewater Boating The Climber's Guide to the High Sierra (A Sierra Club Totebook) Northwoods Whitewater: A Paddlers Guide to Whitewater of Minnesota, Wisconsin, Ontario and Michigan Whitewater Kayaking The Ultimate Guide 2nd Edition Whitewater Kayaking: The Ultimate Guide Exploring the Yellowstone Backcountry: A Guide to the Hiking Trails of Yellowstone with Additional Sections on Canoeing, Bicycling, and Cross-Country Skiing (A Sierra Club totebook) Simple Foods for the Pack: More than 200 all-natural, trail-tested recipes (Sierra Club Outdoor Adventure Guide) Guide to Sea Kayaking on Lakes Superior and Michigan: The Best Day Trips and Tours (Regional Sea Kayaking Series) 1st edition by Newman, Bill, Ohmann, Sarah, Dimond, Don (1999) Paperback Whitewater Paddling: Strokes & Concepts (Kayaking With Eric Jackson) Quiet Water Kayaking: A Beginner's Guide to Kayaking Sea Kayaking Central and Northern California: The Best Days Trips And Tours From The Lost Coast To Pismo Beach (Regional Sea Kayaking Series) SAILING: The Beginner's Guide To Sailing And Planning Your First Sailing Adventure. (Sailing, Yachting, Boating, Seamanship) Outboard Engines: Maintenance, Troubleshooting and Repair (A "Boating Magazine" Book) The Practical Encyclopedia of Boating: An A-Z Compendium of Navigation, Seamanship, Boat Maintenance, and Nautical Wisdom Annals of the Royal Vancouver Yacht Club 1903-1965: History of the Club's founding; granting of the Royal Charter; prominent early yachtsmen; racing ... and Gulf of Georgia, British Columbia, Canada Indian club-swinging: one, two, and three club juggling Club PRISMA / PRISMA Club: Metodo de espanol para jovenes nivel inicial A1 / Spanish Methods for Young Adults Beginners Level A1 (Spanish Edition) Club Abbott: The Deal (Club Abbott Series, #2) Foods of Sierra Leone and Other West African Countries: A Cookbook Radio Movie Classics: Bogart (To Have and Have Not & Treasure of the Sierra Madre)

**Dmca**